ASK ABOUT OUR SUMMER 2023 GROUPS!

IN PERSON OR VIRTUAL

ANXIETY & DEPRESSION GROUP

- 8 WEEKS
- EVERY THURSDAY STARTING JUNE 1
- 10:00AM-12:00PM

FAMILY MATTERS GROUP

- 7 WEEKS
- EVERY WEDNESDAY STARTING JUNE 7
- 9:00AM-11:00AM



ANGER MANAGEMENT GROUP

- 7 WEEKS
- EVERY WEDNESDAY STARTING JUNE 7
- 11:00AM-1:00PM

<u>HEALTHY</u> <u>RELATIONSHIPS GROUP</u>

- 6 WEEKS
- EVERY TUESDAY STARTING JUNE 6
- 4:30PM-6:30PM

<u>(ADT) GROUP</u>

- 2 DAY COURSE
- FRIDAY, JUNE 16 & MONDAY, JUNE 19
- 9:00AM-4:00PM



REGISTER TODAY!

Call Mental Health & Addiction Services at 709-634-4506 or visit Doorways